



BEN=Bentham
BIL=Burton in Lonsdale
ING=Ingleton
TAT=Tatham
CLA=Clapham
WES=Westhouse
SET=Settle
SKI=Skipton
YOR=Yorkshire
TIL=Thornton in Lonsdale
LAN=Lancaster

This directory has been compiled by a volunteer who lives in Burton in Lonsdale. The intention is to make it easy for local people to find out about and easily contact the vast range of local groups and activities that they can get involved with, and that are there to support them, across North Craven. If you find out that information is incorrect or you find activities and support that are not yet in the directory please contact 015242 61124 as updates will be produced periodically.

This is a non exhaustive list compiled to give everyone in the Bentham, Burton, Ingleton area information about social events, venues, important information and health supporters and carers. We advertised widely to get information, and take no responsibility for lacking information that we have had to glean from elsewhere. Clubs and Societies are combined under one heading, as are Events and Socials, and Care and support. We have tried to contact everyone on the list to confirm details and get data protection permissions, which we have.

Any omissions or changes in the future will be amended on the web based version, as soon as possible after receipt, and updates will appear in the local newsletters for you to correct in your copy

| Ref No. | Name of Group | Aim of group | Regular meeting places and times (if applicable) | Times | Contact person(s) | Phone or Mobile | Email (if applicable) | Website (if applicable) | Aimed at | Type of organization | Loc |
|---------|------------------------------------|--|--|--|-------------------|-----------------|--|---|--------------|----------------------|-----|
| 1 | Age Concern | Support to the elderly | Masonic Hall , Station Road, Bentham | Fridays 10am-2.30 | Sue Pilkington | 015242 61757 | jandspilkington@yahoo.co.uk | https://www.ageuk.org.uk/northern-ireland/about-us-/local-services-search/groups/age-concern-bentham-england/ | Over 60's | Support | BEN |
| 2 | Bat and Chat | Games and Badminton | Low Bentham Victoria Institute | Thursdays 10-12 in Term time | Kay Piper | 015242 61977 | kay.piper@outlook.com | - | Everyone | Social | BEN |
| 3 | Bentham Agricultural Show | Annual show | Auction Mart | | Office | 015242 41315 | benthamshow@hotmail.com | www.nwshows.co.uk/shows/bentham-agricultural-show | Everyone | Social | BEN |
| 4 | Bentham area refugee Support Group | Promote welcome and support for refugees, offer practical support, lobbying and respite weekends locally | Various, usually in Looking Well, Bentham | | Maggie Bruno | 015242 61616 | annieligan@cooptel.net | | Everyone | Support | BEN |
| 5 | Bentham Art for all | A quiet painting group for the community. Some materials provided | Pioneer projects, looking well studios. | Wednesdays 2-4pm | Jack Parkinson | 015242 62672 | office@pioneerprojects.org.uk | www.pioneerprojects.org.uk | Everyone | Social | BEN |
| 6 | Bentham Beagles | Running Club | Playing fields but moving to golf club | Tuesdays and Thursdays 7pm at playing fields | Janet Monaghan | 07743 481538 | jm@clarke-monaghan.co.uk | http://www.benthambeagles.co.uk/ | Everyone | Society | BEN |
| 7 | Bentham Beagles pups | Junior Running Club | Playing fields but moving to golf club | Thursdays in Term time at playing fields | Janet Monaghan | 07743 481538 | jm@clarke-monaghan.co.uk | http://www.benthambeagles.co.uk/ | 6-12 yr olds | Society | BEN |

| Ref No. | Name of Group | Aim of group | Regular meeting places and times (if applicable) | Times | Contact person(s) | Phone or Mobile | Email (if applicable) | Website (if applicable) | Aimed at | Type of organization | Loc |
|---------|---|---|--|---|-------------------|-----------------|--|--|---------------------------------------|----------------------|-----|
| 8 | Bentham Book Group | Reading group | Pioneer projects, looking well studios library. | 2nd Tuesday of the month 2pm | Librarian on duty | 01609 534533 | library@pioneerprojects.org.uk | www.pioneerprojects.org.uk | Everyone | Society | BEN |
| 9 | Bentham Carers group for those living with Dementia | Support for carers. A relaxed safe and informative environment for people living with dementia | Pioneer projects, looking well studios library | First Monday of the month 10.15 to 12.15 | Jack Parkinson | 015242 62672 | jack@pioneerprojects.org.uk | www.pioneerprojects.org.uk | Carers for those living with Dementia | Support | BEN |
| 10 | Bentham Carnival | Annual Gala event | | May/June | Mike Redfern | 07966 151924 | studio42arts@gmail.com | - | Everyone | Social | BEN |
| 11 | Bentham Community Library | Library, Information, E Books, Online resources, Local studies, Free Wifi,, Business services, Home library, Storytimes, Reading groups, homework clubs, Citizens advice, bus passes, room hire etc | Pioneer projects, looking well studios library. | Mon 205pm, Wed 10-2pm, Fri 2.30 – 4.30, Sat 10-12 | Librarian on duty | 01609 534533 | Library@pioneerprojects.org.uk | www.pioneerprojects.org.uk | Everyone | Information | BEN |

| Ref No. | Name of Group | Aim of group | Regular meeting places and times (if applicable) | Times | Contact person(s) | Phone or Mobile | Email (if applicable) | Website (if applicable) | Aimed at | Type of organization | Loc |
|---------|--|--|---|--|-------------------|-----------------|--|---|----------------------------|----------------------|-----|
| 12 | Bentham Creative art for those living with dementia -Bentham | The group offers a range of creative activities where taking part builds confidence, friendships form and new skills are developed | Pioneer projects, looking well studios CONTACT FOR TIMES | Mon AM | Jack Parkinson | 015242 62672 | jack@pioneerprojects.org.uk | www.pioneerprojects.org.uk | Those living with Dementia | Support | BEN |
| 13 | Bentham Creative writing group | Volunteer led group to share ideas and pick up new ideas and skills | Pioneer projects, looking well studios Library. | Tuesdays 11.30 -1pm | Jack Parkinson | 015242 62672 | office@pioneerprojects.org.uk | www.pioneerprojects.org.uk | Everyone | Social | BEN |
| 14 | Bentham Dementia Friendly | Run events and increase awareness | Based at the Golf Club | monthly meetings | Isabel Marshall | 015242 62455 | isabel@benthamgolfclub.co.uk | www.benthamgolfclub.co.uk | Everyone | Charity | BEN |
| 15 | Bentham Emergency Plan | Emergency plan for Bentham area | | | Mrs HJ Burton | 015242 62587 | townclerk@benthamtowncouncil.co.uk | - | Locals | Support | BEN |
| 16 | Bentham Film Group | Filmshows | Bentham Town Hall | Usually 3 rd Friday of the month. 8pm. See Bentham News for details | John Vendy | 015242 62083 | john.vendy@zoho.com | http://www.tramps.org.uk/EVENTS/N/TRAMPS/home.html | Everyone | Society | BEN |
| 17 | Bentham first responders | Medical Help | | | | | - | | Everyone | Health | BEN |
| 18 | Bentham footpath group | Group walks of 5 to 11 miles | Most walks start at Lairgill car park at | 9.30 am | David Toft | 015242 62570 | david@davidtoft.plus.com | - | Everyone | Society | BEN |

| Ref No. | Name of Group | Aim of group | Regular meeting places and times (if applicable) | Times | Contact person(s) | Phone or Mobile | Email (if applicable) | Website (if applicable) | Aimed at | Type of organization | Loc |
|---------|-------------------------------|---|--|--|-------------------------------|-----------------|--|---|----------|----------------------|-----|
| 19 | Bentham for Bees | Bee keeping and welfare | | | John Vendy | 015242 62083 | johnvendy@yahoo.co.uk | - | Everyone | Information | BEN |
| 20 | Bentham Golf Club | Golf for all | Robin Lane, Bentham | 7 days a week, Juniors Tues Night. Driving range (summer) | Isabel Marshall | 015242 62455 | golf@benthamgolfclub.co.uk | www.benthamgolfclub.co.uk | Everyone | Society | BEN |
| 21 | Bentham Golf Club | Jazz night | Robin Lane, Bentham | 3rd Wednesday 7pm | Isabel Marshall | 015242 62455 | golf@benthamgolfclub.co.uk | www.benthamgolfclub.co.uk | Everyone | Society | BEN |
| 22 | Bentham Golf Club | Rooms for hire | Robin Lane, Bentham | | Isabel Marshall | 015242 62455 | golf@benthamgolfclub.co.uk | www.benthamgolfclub.co.uk | Everyone | Venue | BEN |
| 23 | Bentham Horticultural Society | Horticultural issues | | | Robert Sankey | 07739 658058 | robsankey@aol.com | | everyone | Society | BEN |
| 24 | Bentham Keep Fit | Keep fit classes | NOT RUNNING AT PRESENT | | | | | | Everyone | Health | BEN |
| 25 | Bentham Medical Practice | Health care | Grasmere Drive, High Bentham and High Street, Ingleton | Monday to Friday, 8am to 6:30pm, Kendal Out-of-hours service when surgery closed | Reception | 015242 61202 | - | www.benthamsurgery.org.uk/ | Everyone | Health | BEN |
| 26 | Bentham Methodist Chapel | Sunday services and Halls for Hire for events | Station Rd Bentham | Sundays 10.30 am and 6.30pmm | Bryan Yardy (until Sept 2018) | 015242 61257 | - | http://www.settlemethodistcircuit.org.uk/high-bentham | Everyone | Faith | BEN |
| 27 | Bentham Methodist Chapel | Hall for hire | Station Rd Bentham | | Bryan Yardy (until Sept 2018) | 015242 61257 | - | http://www.settlemethodistcircuit.org.uk/high-bentham | Everyone | Venue | BEN |
| 28 | Bentham Netball | Netball training and | | Wednesdays | Caroline Ellershaw | | - | - | Everyone | Society | BEN |

| Ref No. | Name of Group | Aim of group | Regular meeting places and times (if applicable) | Times | Contact person(s) | Phone or Mobile | Email (if applicable) | Website (if applicable) | Aimed at | Type of organization | Loc |
|---------|---|---|--|------------------------------|-------------------|-----------------|--|--|--|----------------------|-----|
| | Club | matches | | | | | | | | | |
| 29 | Bentham News | Local news and Adverts, Audio CD available | | | Denise Henshaw | 015242 61515 | info@thebenthamnews.co.uk | | Everyone | Information | BEN |
| 30 | Bentham NSPCC | National Society for the Prevention of Cruelty to Children | | | Susan Adams | 015252 61182 | - | - | Everyone | Charity | BEN |
| 31 | Bentham Pioneer Projects Community Art Shed | Supports local community in contributing creatively to community events as well as allowing individuals to develop their own creative practice. | Drop in session looking well studios. | Thursdays in term time 1-4pm | Jack Parkinson | 015242 62672 | Office@pioneerprojects.org.uk | www.pioneerprojects.org.uk | Everyone | Social | BEN |
| 32 | Bentham Pioneer Projects, Friday Creative Community | Friendly supportive group led by an artist and arts assistant for anyone living with long term health conditions and/or facing social isolation | looking well studios. Call before attending | Fridays am | Jack Parkinson | 015242 62672 | office@pioneerprojects.org.uk | www.pioneerprojects.org.uk | Those with poor mental health/ long term health conditions | Support | BEN |

| Ref No. | Name of Group | Aim of group | Regular meeting places and times (if applicable) | Times | Contact person(s) | Phone or Mobile | Email (if applicable) | Website (if applicable) | Aimed at | Type of organization | Loc |
|---------|------------------------------------|--|--|--|-------------------|-----------------|--|--|-----------|----------------------|-----|
| 33 | Bentham Singing for all | Singing group led by all | Pioneer projects, looking well studios. | Fortnightly Wednesdays 8-9.30pm | David Burbidge | 01539 621166 | - | www.pioneerprojects.org.uk | Everyone | Social | BEN |
| 34 | Bentham Playing Fields Association | Playing field management and maintenance | | | Pam Woof | 015242 61387 | - | - | Everyone | Charity | BEN |
| 35 | Bentham Storytime | Storytime with arts activity for under 5's | Pioneer projects, looking well studios library. | Fortnightly from Feb 14 2018 11-12.00 | Lynda Graveson | 015242 62672 | library@pioneerprojects.org.uk | www.pioneerprojects.org.uk | Under 5's | Social | BEN |
| 36 | Bentham Theatre Group | Put on shows | Town Hall Station Rd | | Sue Halsall | 015242 62083 | sue.halsall@yahoo.co.uk | | Everyone | Society | BEN |
| 37 | Bentham Tourism Office | Information on local and surrounding places, and accommodation | Town Hall, Station Rd. | April to October Mon - Fri 10 - 2 Saturday 10 - 12 | Debs Hawkins | 015242 62549 | wynnstay@talk21.com | www.benthamtowncouncil.co.uk/bentham-town-hall/ | Everyone | Information | BEN |
| 38 | Bentham Town Council | Council Business | Town Hall Station Rd | Mon - Wed 09.30 -noon | Mrs HJ Burton | 015242 62587 | townclerk@benthamtowncouncil.co.uk | www.benthamtowncouncil.co.uk/bentham-town-hall/ | Everyone | Support | BEN |
| 39 | Bentham Town Hall | Halls for Hire for events | Station Road Bentham | | Debs Hawkins | 015242 62587 | wynnstay@talk21.com | www.benthamtowncouncil.co.uk/bentham-town-hall/ | Everyone | Venue | BEN |
| 40 | Bentham Tuesday at Looking Well | Drop in Social, crafts, café, community lunch at 1pm | Looking Well studio | Tuesdays 10.30 -1pm | Jack Parkinson | 015242 62672 | office@pioneerprojects.org.uk | www.pioneerprojects.org.uk | Everyone | Social | BEN |

| Ref No. | Name of Group | Aim of group | Regular meeting places and times (if applicable) | Times | Contact person(s) | Phone or Mobile | Email (if applicable) | Website (if applicable) | Aimed at | Type of organization | Loc |
|---------|--|---|---|---|-------------------|------------------------------|--|---|----------------|----------------------|-----|
| 41 | Bentham Women's walking group | Guided walks with leader to promote wellbeing | Lairgill Car park (Butts lane) Springfield (on road out of Bentham to Clapham . | Mondays 9.20 | Jack Parkinson | 015242 62672 | office@pioneerprojects.org.uk | www.pioneerprojects.org.uk | Local women | Social | BEN |
| 42 | Bentham Youth Cafe | Youth Club for 8-15 year olds to help develop skills and provide recreational leisure time activity | | | Rev Anne Russell | 015242 61609 or 07528 572072 | revanne@ingleborough@gmail.com | Facebook Bentham Youth Cafe | 8-15 Year olds | Society | BEN |
| 43 | BEST Bentham Environmentally Friendly Town | Promoting and facilitating environmentally friendly activities locally and wider. | Green Café at Looking Well studio. | Monthly in Winter Dates in Bentham News | Annie Neligan | 015242 64886 | annieneligan@cooptel.net | www.greenbentham.org.uk/ | Everyone | Society | BEN |
| 44 | Bloomin Bentham | litter-picking, weeding, planting or generally clearing up around our market town and station. | Meet at the bus shelter | 13th of each month at 1pm | Shirley Brown | 015242 61608 | shirleybrown1@btinternet.com | | Everyone | Society | BEN |
| 45 | Blue Moose Dance Company | Mature Movers Dance Classes | Bentham town hall | Tuesdays 9:00am - 10:00am | Zanna Dennis | 07896 133716 | hello@bluemoosedance.org.uk | www.bluemoosedance.org.uk | 55 years + | Social | BEN |
| 46 | Blue Moose Dance Company | Adults Contemporary Ballet Class | High Bentham Town Hall | Tuesdays 10.5-11.45 | Zanna Dennis | 07896 133716 | hello@bluemoosedance.org.uk | www.bluemoosedance.org.uk | Adults | Social | BEN |
| 47 | Book swap | | Low Bentham Victoria Institute | 10-12 every 2nd Saturday | Andrea Tuohy | 015242 62637, 63162 | andreatuohy@btinternet.com | | Everyone | Social | BEN |

| Ref No. | Name of Group | Aim of group | Regular meeting places and times (if applicable) | Times | Contact person(s) | Phone or Mobile | Email (if applicable) | Website (if applicable) | Aimed at | Type of organization | Loc |
|---------|---------------------|---|--|---|-------------------------------|------------------------------|---|---|----------|----------------------|-----|
| 48 | Bridge Club | Bridge club | Based at the Golf Club | monthly meetings | Isabel Marshall | 015242 62455 | isabel@benthamgolfclub.co.uk | - | Everyone | Society | BEN |
| 49 | Clubbercise | Fitness | Bentham town hall | Weds 7-8pm | Alison Murfin | 07966 718944 | alisonmurfin@hotmail.com | | Everyone | Health | BEN |
| 50 | Coffee Morning | Social | Bentham town hall | Saturdays 10-12 | Debs Hawkins | 015242 62587 | coordinator@benthamtowncouncil.co.uk | | Everyone | Social | BEN |
| 51 | Coffee Morning | Social | Bentham Methodists Church | 10-11.30 Wednesdays | Bryan Yardy (until Sept 2018) | 015242 61257 | | http://www.settlemethodistcircuit.org.uk/high-bentham | Everyone | Social | BEN |
| 52 | Community Bonfire | Bonfire and Fireworks organisation | | Late October event | | | https://www.facebook.com/BenthamBonfire/ | https://benthambonfire.org.uk/ | Everyone | Social | BEN |
| 53 | Community Link cafe | Weekly group to entertain elderly people with lunch | Low Bentham Victoria Hall | Mondays 12-14.00, Wednesdays 11.30 -14.00 | Andrea Tuohy | 015242 62637, 63162 | andreatuohy@btinternet.com | | Everyone | Social | BEN |
| 54 | Craft Group | Crafts | Wenningdale Room, Bentham Town Hall | Wednesday 10 -12 | Jenny Durrant | 015242 62501 | chippy99@btinternet.com | | Everyone | Social | BEN |
| 55 | Craven Transport | NYCC Taxi bus | Bentham Station | | | 01609 780780 | customer.services@northyorks.gov.uk | | Everyone | Support | BEN |
| 56 | Dominoes and Tea | Games and tea/coffee | Bentham Methodist Hall | Thursdays 10-11.30-fortnightly | Anthony | 015242 63125 (for transport) | - | http://www.settlemethodistcircuit.org.uk/high-bentham | Everyone | Social | BEN |
| 57 | Easter Egg Hunt | Childrens Easter egg hunt | Bentham Golf Club | Easter Sunday Annually | Isabel Marshall | 015242 62455 | golf@benthamgolfclub.co.uk | www.benthamgolfclub.co.uk | Everyone | Social | BEN |

| Ref No. | Name of Group | Aim of group | Regular meeting places and times (if applicable) | Times | Contact person(s) | Phone or Mobile | Email (if applicable) | Website (if applicable) | Aimed at | Type of organization | Loc |
|---------|------------------------------|--|--|--|-------------------|--|---|--|----------|----------------------|-----|
| 58 | Ewecross Historical Society | Education of the public in historical matters, mainly local history. Primarily through lectures and visits | Methodist church Station Rd Bentham. | Last Mondays Sept to April (not Dec) 7.30 | John Wilson | 033300 62270 | j.r.wilson@cantab.net | www.ewecrosshistoricalsociety.wordpress.com | Everyone | Society | BEN |
| 59 | Friends of Bentham Station | Supporting the needs of the station and passengers | Bentham Staton | second Friday of alternate months Feb, Apr, Jun, Aug, Oct and first Friday Dec, at Bentham Station at 10:30 am | Gerald Townson | 015242 98940 | frobenthamstation@icloud.com | www.friendsofbenthamstation.btck.co.uk/ | Everyone | Support | BEN |
| 60 | Goodenber Play area | Voluntary group Maintaining the play area in Goodenber Road | | Ad hoc meetings | Charlotte Mouncey | 07805 870186 | https://www.facebook.com/Goodenber-Play-Area-Bentham-189597987807188/ | - | Everyone | Charity | BEN |
| 61 | Helen Howard school of dance | Dance classes | Low Bentham Victoria Institute, | Mondays 6.15-7.45, Tues 3.45-9pm, Wed 4-8pm in term time | | 07789 383568 | helenhowarddance@gmail.com | http://www.helenhowarddance.co.uk/ | Everyone | Social | BEN |
| 62 | High Bentham Rounders | Matches and Training | | | Ingrid Ellershaw | 015242 62345 | - | - | Everyone | Society | BEN |

| Ref No. | Name of Group | Aim of group | Regular meeting places and times (if applicable) | Times | Contact person(s) | Phone or Mobile | Email (if applicable) | Website (if applicable) | Aimed at | Type of organization | Loc |
|---------|-----------------|---|--|-------------------------------------|-------------------------------|-----------------|--|---|----------|----------------------|-----|
| 63 | High Bentham WI | Providing chance to build new skills and social meeting of local women. Educational talks monthly on different subjects | Town Hall | First Thursday of the month at 7.30 | Kathleen Kelly | 015242 61693 | tortmam@yahoo.co.uk | https://www.thewi.org.uk/become-a-member/structure-of-the-wi/england/lancashire/find-a-wi/high-bentham | Everyone | Society | BEN |
| 64 | Indoor Bowls | Mat Bowling in the Hall | Bentham town hall | 1-4 on Mondays | Mrs S Parks | 015242 62099 | park608@btinternet.com | | Everyone | Social | BEN |
| 65 | Jammie Dodgers | for KS1 pupils (NISCU and Churches Together) | Bentham Primary School | Wednesdays 3.30 to 4.30 | Bryan Yardy (until Sept 2018) | 015242 61257 | - | http://www.settlemethodistcircuit.org.uk/high-bentham | Everyone | Social | BEN |
| 66 | Knit and natter | Making items | Bentham Methodists Church | 2-4pm every 2 weeks | Bryan Yardy (until Sept 2018) | 015242 61257 | - | http://www.settlemethodistcircuit.org.uk/high-bentham | Everyone | Social | BEN |

| Ref No. | Name of Group | Aim of group | Regular meeting places and times (if applicable) | Times | Contact person(s) | Phone or Mobile | Email (if applicable) | Website (if applicable) | Aimed at | Type of organization | Loc |
|---------|--|---|--|--|--------------------------|-----------------------|--|---|----------|----------------------|-----|
| 67 | Lancaster and Skipton Rail User Group (LASRUG) | Supporting passengers on the Bentham Line, the Yorkshire Dales link between Leeds and Morecambe | Bentham Town Hall | meets on the third Thursday in Jan, Mar, May, July, Nov and first Thursday in Sep. at 7:30pm | Gerald Townson (Gen Sec) | 015242 61885 or 98940 | gerald.townson@btinternet.com | http://www.lasrug.btc.k.co.uk/ | Everyone | Support | BEN |
| 68 | Low Bentham Badminton Club | Badminton matches | Cedar Hose School | Tuesdays 6.15 to 7.45 | Julie Bridgeman | 015242 62276 | - | | Everyone | Society | BEN |
| 69 | Low Bentham WI | Providing chance to build new skills and social meeting of local women. Educational talks monthly on different subjects | The Community School Low Bentham Road. | 3rd Thursday 7.00pm | Christine Jennings | 01524 62067 | christinejennings277@hotmail.com | https://www.thewi.org.uk/become-a-member/structure-of-the-wi/england/yorkshire-north-west/find-a-wi/low-bentham-and-district | Everyone | Society | BEN |
| 70 | North Craven Age UK | Pensioners group. operates the surgery/hospital/dentist transport | Local Taxi bus service. Phone to book | | Sandra Kay | 01729 823066 | info@ageuknorthcraven.org | https://www.ageuk.org.uk/northcraven/ | Everyone | Support | BEN |
| 71 | Pilates | Mind and body exercises | Bentham Town Hall | 1st Thursday 9.30-10.30 | Nicky Russell | 07887 608412 | hotcatpilates@yahoo.com | www.facebook.com/HotcatPilates | Everyone | Health | BEN |
| 72 | Pilates | Mind and body exercises | Bentham golf club | Wednesdays 6pm | Isabel Marshall | 015242 62455 | golf@benthamgolfclub.co.uk | www.benthamgolfclub.co.uk | Everyone | Health | BEN |

| Ref No. | Name of Group | Aim of group | Regular meeting places and times (if applicable) | Times | Contact person(s) | Phone or Mobile | Email (if applicable) | Website (if applicable) | Aimed at | Type of organization | Loc |
|---------|--|---|--|--------------------------------------|-------------------|---------------------|--|---|----------|----------------------------------|-----|
| 73 | Pilates | Mind and body exercises | Methodist Church | Wednesdays 9.30 to 10.30am | Sally Horn | 07977 633083 | pilateswithsally@gmail.com | http://www.thecentre.org.uk/whats-on/ | Everyone | Health | BEN |
| 74 | Pioneer Projects | Charity providing activities to improve health & wellbeing throughout Craven, room with kitchen for hire, garden, library, training | Various as listed | As required | Lynda Graveson | 015242 62672 | office@pioneerprojects.org.uk | www.pioneerprojects.org.uk | Everyone | Charity, Social, Support, Health | BEN |
| 75 | Settle and district Aid in Sickness Fund | The charity provides financial help to persons in short term ill health. | SettleSt Johns Hall | 2 meetings a year April and November | Mr Gareth Adams | | settledasf@aol.com | - | Everyone | Charity | BEN |
| 76 | Slimming World | Dieting Group | Bentham Town Hall | Tuesdays at 7pm | Emma Hudson | 07960 190208 | - | www.facebook.com/Bentham-Slimming-World-265037127254750 | Everyone | Support | BEN |
| 77 | Snooker Club | Low Bentham Victoria Institute | Informal snooker club | Most days with membership | Andrea Tuohy | 015242 62637, 63162 | andreatuohy@btinternet.com | - | Everyone | society | BEN |

| Ref No. | Name of Group | Aim of group | Regular meeting places and times (if applicable) | Times | Contact person(s) | Phone or Mobile | Email (if applicable) | Website (if applicable) | Aimed at | Type of organization | Loc |
|---------|---|--|--|---|----------------------|------------------------------|--|--|-----------------------------|----------------------|-----|
| 78 | Sole to Soul | Health, holistic Podiatry, Chiropody and Therapy Centre | Grasmere Drive, Bentham, LA2 7JP | Tuesday to Saturday with early closing on Friday and Saturday, and we are closed for lunch between 1.30 and 2.30. Other times may be available by arrangement | | 015242 63067 or 07973 481461 | marie@sole-to-soul.net | www.sole-to-soul.net | Everyone | Health | BEN |
| 79 | Springfield Bowling Club Bentham | Crown Green Bowling | Meet at the Pavillion | Wednesdays 2pm and 6pm from Mid March | Helen Cross | 015242 80079 | helenandandrewcross@hotmail.co.uk | | Everyone | Society | BEN |
| 80 | St Boniface Catholic Church, High Bentham | Catholic Church | Mass | 9.30 on Sundays | Father Frances Smith | 01729 822525 | stmarymichael@gmail.com | | Everyone | Faith | BEN |
| 81 | St Johns Church | Bentham | Church of England | Open Every Day | Anne Russell | 015242 61609 | revanne@ingleborough@gmail.com | www.ingleboroughchurches.org.uk | Everyone | Faith | BEN |
| 82 | Stepping Stones | Baby and Toddler Group | Bentham Town Hall, lower hall | Wednesdays 10-11am | Ruth | 015242 62574 | greeny965@btinternet.com | | Young families | Social | BEN |
| 83 | Sunbeam | Support for children with Cerebral Palsey/autism and special needs | Bentham Methodists Church | Friday 1.30-3pm | Rebecca Porter | 015242 63062 | beckse@hotmail.com | | Children with Special Needs | Support | BEN |

| Ref No. | Name of Group | Aim of group | Regular meeting places and times (if applicable) | Times | Contact person(s) | Phone or Mobile | Email (if applicable) | Website (if applicable) | Aimed at | Type of organization | Loc |
|---------|-------------------------------|---|--|---|-------------------------------|---------------------|--|---|----------------------|----------------------|-----|
| 84 | Tai chi Qigong | Heath for mind and Body | Low Bentham Victoria Institute Hall | Mondays 6.15-7.45, and Clapham Village Hall Thursdays 9-10.30am Settle Monday 11.45-1.15 Limestone View Library | Tony Bennett | 015242 61944 | taichiqigongteacher@gmail.com | | Everyone | Health | BEN |
| 85 | Toddle in | Social meeting for parents and carers with toddlers | Bentham Methodist Church | Mondays 10-11.30 | Bryan Yardy (until Sept 2018) | 015242 61257 | - | http://www.settlemethodistcircuit.org.uk/high-bentham | Everyone | Social | BEN |
| 86 | Victoria Institute | Halls and rooms for hire | | Post Office Weds and Fri 10-12 | Andrea Tuohy | 015242 62637, 63162 | andreatuohy@btinternet.com | - | Everyone | Venue | BEN |
| 87 | Yoga | Yoga Classes in Term time only | Bentham Primary School/Methodists Church | Tuesdays 6-7pm in the Primary School. Fridays 6-7pm in the Methodist Church | Sandra Tallon | 015242 62248 | sandratallon24@gmail.com | www.planet-yoga.co.uk | Everyone 16 and over | Health | BEN |
| 88 | All Saints Church | Parish Church in Burton | Parish Church, Burton in Lonsdale | Sundays 8am and 11am | Rev Dennis Tate | 015242 61579 | revden@hotmail.co.uk | www.ingleboroughchurches.org.uk/ | Everyone | Faith | BIL |
| 89 | Bentham & District Pet Rescue | A small independent animal rescue charity covering Bentham and surrounding villages | | | Pat Roberts | 015242 63048 | benthampetrescue@petml.com | www.benthampetrescue.org.uk | Everyone | Charity | BIL |

| Ref No. | Name of Group | Aim of group | Regular meeting places and times (if applicable) | Times | Contact person(s) | Phone or Mobile | Email (if applicable) | Website (if applicable) | Aimed at | Type of organization | Loc |
|---------|---------------------------------|--|--|-------------------------------------|----------------------|-----------------|--|---|----------|----------------------|-----|
| 90 | Burton Book Group | To meet socially and discuss books chosen by the members | In homes | every 6 weeks | Jill Peel | 015242 61486 | - | https://www.burton-in-lonsdale.net/village-organisations | Everyone | Society | BIL |
| 91 | Burton Communications group | Website and Burtonian | | | Julie Gabriel Clarke | 015242 61263 | juliegc22@gmail.com | https://www.burton-in-lonsdale.net/village-organisations | Everyone | Support | BIL |
| 92 | Burton Community Sports | All-weather Pitch Management | Burton Playing Field | | Ian Parker | 015242 61331 | ianparker1947@gmail.com | | Everyone | Society | BIL |
| 93 | Burton Film Group | Recent and older films on show | Burton Village Hall | Every Second Tuesday in Film season | | | - | - | Everyone | Society | BIL |
| 94 | Burton First Responders | First aid help | | | John Wood | 015242 61646 | j.peter.wood@btinternet.com | https://www.burton-in-lonsdale.net/village-organisations | Everyone | Health | BIL |
| 95 | Burton in Lonsdale bell ringers | Campanology | All Saints Church, Burton in Lonsdale | Tuesday 7.30 | Dave Hodgson | 015242 61269 | dave.hodgson2@tiscali.co.uk | https://www.burton-in-lonsdale.net/village-organisations | Everyone | Society | BIL |
| 96 | Burton In Lonsdale Bowling Club | Burton Playing Field | Call for meeting times | | John and Anne Mason | 015242 61919 | - | https://www.burton-in-lonsdale.net/village-organisations | Everyone | Society | BIL |

| Ref No. | Name of Group | Aim of group | Regular meeting places and times (if applicable) | Times | Contact person(s) | Phone or Mobile | Email (if applicable) | Website (if applicable) | Aimed at | Type of organization | Loc |
|---------|---|---|--|----------------------------|-------------------|-----------------|---|---|----------|----------------------|-----|
| 97 | Burton in Lonsdale Burtonian Newsletter | Local news and Adverts | | | David Taylor | | burton.news@gmail.com | https://www.burton-in-lonsdale.net/village-organisations | Locals | Information | BIL |
| 98 | Burton in Lonsdale Emergency plan | Scenario based contact and supports for emergencies | | | Andy Ive | 015242 61124 | andyive69@gmail.com | | Locals | Support | BIL |
| 99 | Burton in Lonsdale Heritage Group | Collating the history of Burton in Lonsdale | The Punchbowl in Burton in Lonsdale | First Wednesday Bi-monthly | Maggie Bruno | 015242 61616 | davidmaggiebruno@gmail.com | https://www.burton-in-lonsdale.net/village-organisations | Everyone | Social | BIL |
| 100 | Burton in Lonsdale Sports Pavilion | Changing/showers, social room, kitchen for hire | Burton in Lonsdale Recreation Ground | Various | Sue Gregory | 015242 62863 | ianrt2003@hotmail.com | | Everyone | Venue | BIL |
| 101 | Burton in Lonsdale Young Farmers | Club for young farmers | | | Mark Easterby | 07582 330302 | https://en-gb.facebook.com/Burton-in-Lonsdale-Young-Farmers-1392226187755989/ | https://www.burton-in-lonsdale.net/village-organisations | Youth | Society | BIL |
| 102 | Burton Methodist Chapel | Methodist Faith | | | Jean Brown | 015242 63209 | david281brown@btinternet.com | https://www.burton-in-lonsdale.net/village-organisations | Everyone | Faith | BIL |

| Ref No. | Name of Group | Aim of group | Regular meeting places and times (if applicable) | Times | Contact person(s) | Phone or Mobile | Email (if applicable) | Website (if applicable) | Aimed at | Type of organization | Loc |
|---------|---------------------------|---|---|---|--------------------------|-----------------|--|---|----------|----------------------|-----|
| 103 | Burton Parish Council | Local Council Business, Play area and recreation field. | Village Hall | 7.30pm, 3rd Thursday in month, except August & December | Sue Gregory | 015242 62863 | bilparishcouncil@btinternet.com | https://www.burton-in-lonsdale.net/parish-council | Locals | Support | BIL |
| 104 | Burton Regeneration Group | Fund raising for play equipment on the field | Pavilion, Burton in Lonsdale Playing Field | | Margaret Mason | 015242 62863 | mgtmason@btinternet.com | https://www.burton-in-lonsdale.net/ | Everyone | Society | BIL |
| 105 | Burton Table Tennis Club | Table tennis for fun | Burton in Lonsdale Village Hall | Tuesdays and Thursdays 10am | Cliff Randall | 015242 62619 | cliffran1000@gmail.com | | Everyone | Society | BIL |
| 106 | Burton Village Hall | Hall for Hire | Burton in Lonsdale Village Hall | | Ruth Gill | 015242 62014 | rmgill45@gmail.com | https://www.burton-in-lonsdale.net/ | Everyone | Venue | BIL |
| 107 | Burton WI | Providing chance to build new skills and social meeting of local women. Educational talks monthly on different subjects | Burton in Lonsdale Village Hall | First Thursday of the month 7.30pm | Sue Thompson (secretary) | 015242 62472 | Sue Thompson [thompsonst1957@gmail.com] | https://www.burton-in-lonsdale.net/village-organisations | Everyone | Society | BIL |
| 108 | Circuit Training | Fitness Classes | Burton in Lonsdale Village Hall (winter) Rec Ground (spring/summer) | Weds 7-8pm | Mark Christie | 07843 187744 | markchristie101@outlook.com | https://www.burton-in-lonsdale.net/village-organisations | Everyone | Health | BIL |
| 109 | Coffee Morning | Social | Burton in Lonsdale Methodist Church Room | Fridays 10.15-11.30 | | | - | http://www.settlemethodistcircuit.org.uk/high-bentham | Everyone | Social | BIL |

| Ref No. | Name of Group | Aim of group | Regular meeting places and times (if applicable) | Times | Contact person(s) | Phone or Mobile | Email (if applicable) | Website (if applicable) | Aimed at | Type of organization | Loc |
|---------|-------------------------|---|---|---|--------------------|-----------------------------|--|---|----------|----------------------|-----|
| 110 | Concert and Cakes | Music Concert and social gathering | All Saints Church Burton in Lonsdale | 4 times a year | Christine Wardle | 015242 62484 | concertandcakes@outlook.com | https://www.burton-in-lonsdale.net/village-organisations | Everyone | Social | BIL |
| 111 | Dominoes Night | Playing dominoes for fun | Burton in Lonsdale Village Hall. | 2nd Thursdays | Carolyn Stephenson | 015242 63120 | carolynstep@hotmail.com | | Everyone | Social | BIL |
| 112 | Gong Bath | Holistic Healing sounds for your body | | Every 2 months in Burton Village Hall | Graham or Ondrey | 07484173603 or 07870 947130 | ondray@hotmail.co.uk | www.ondray.co.uk | Everyone | Health | BIL |
| 113 | Karate Club | North Yorkshire Karate Club | Burton in Lonsdale Village Hall. | Fridays | 6pm | 07925 973694 | northyorkshirekarate@hotmail.com | www.wado-kai.org.uk | Everyone | Society | BIL |
| 114 | Knit and Natter | Social and handicrafts | Burton in Lonsdale Methodist Church Room | 2nd Thursday of the month | Heather Randall | 015242 62619 | heatran1000@gmail.com | | Everyone | Social | BIL |
| 115 | Ladies Friendship Group | Social meetings | Burton in Lonsdale Methodist Church Room | | Heather Randall | 015242 62619 | heatran1000@gmail.com | | Ladies | Social | BIL |
| 116 | Lonsdale Archers | Archery Club affiliated to Archery GB | Burton in Lonsdale Village Hall and Recreation Ground | Typically Sundays 3.30-5pm (except winter) Indoors (winter) evenings Mon/Thurs 8-9pm | Mark Christie | 07843 187744 | markchristie101@outlook.com | https://www.burton-in-lonsdale.net/village-organisations | Everyone | Society | BIL |
| 117 | Lonsdale Wheelers | Cycling for fun and health, affiliated to British Cycling | Meet at Burton in Lonsdale Sports Pavilion, Recreation Ground | 1 st and 3 rd Sundays 9.30am (winter) 10am (except winter) | David Owen | 015242 62000 | djomjo@btinternet.com | https://www.burton-in-lonsdale.net/village-organisations | Everyone | Society | BIL |

| Ref No. | Name of Group | Aim of group | Regular meeting places and times (if applicable) | Times | Contact person(s) | Phone or Mobile | Email (if applicable) | Website (if applicable) | Aimed at | Type of organization | Loc |
|---------|----------------------------------|--|--|-------------------------------------|-------------------|-----------------|--|---|------------------------------|----------------------|-----|
| 118 | Music Evening | Play or listen to acoustic music | Burton in Lonsdale Village Hall. | First Sunday of the month 8pm to 11 | Marie Shorrock | 015242 62428 | marie1944@live.co.uk | | Everyone | Social | BIL |
| 119 | Pals with Trowels | Gardening | The Punchbowl in Burton in Lonsdale | First Tuesday at 8pm | Kate Langley Vose | 015242 62636 | langleyvose@btinternet.com | https://www.burton-in-lonsdale.net/village-organisations | Everyone | Society | BIL |
| 120 | Pensioners lunch | Social Meal | Burton in Lonsdale Village Shop | Tuesdays, Fortnightly | Village shop | 015242 63397 | - | | Pensioners | Social | BIL |
| 121 | Stay and Play | Meeting place for mums, dads, toddlers and babies to meet and socialise | All Saints Church, Burton in Lonsdale | Thursdays 10-12 in Term time | Rev Dennis Tate | 015242 61579 | revden@hotmail.co.uk | www.ingleboroughchurches.org.uk/ | Families with Young Children | Support | BIL |
| 122 | Cave Rescue Organisation | Local Rescue Services | Clapham Depot | Unmanned daily | Depot | 015242 51697 | secretary@cro.org.uk | https://cro.org.uk/ | Everyone | Charity | CLA |
| 123 | Yorkshire Dales Millennium Trust | A small charity doing big things to sustain the landscape, environment, economy and communities of the | Main St Clapham, LA2 8DP | Mon-Fri 9am-5pm | Sarah Pettifer | 015242 51002 | info@ydm.org | www.ydm.org | Everyone | Charity | CLA |

| Ref No. | Name of Group | Aim of group | Regular meeting places and times (if applicable) | Times | Contact person(s) | Phone or Mobile | Email (if applicable) | Website (if applicable) | Aimed at | Type of organization | Loc |
|---------|--------------------------|---|--|--|-------------------|----------------------------|--|--|---------------|----------------------|-----|
| | | Yorkshire Dales and surrounding area | | | | | | | | | |
| 124 | Autumn Lights Festival | Autumns event at the | I Centre Ingleton | Late October | Hannah Lambert | 015242 41469 | hannahlambert804@gmail.com | 2017 Autumn Lights Festival - Facebook | Everyone | Social | ING |
| 125 | B4RN | Hyperfast Broadband for the area built by the community for the community | | | Office | 01524 555887 | info@b4rn.org.uk | https://b4rn.org.uk/ | Everyone | Information | ING |
| 126 | Big Sing | Community singing events | Methodist Church in Ingleton, | 2nd Monday of the month 1.30-3pm | Pauline Wright | 01729 850802 | paulinewright2009@live.co.uk | | Everyone | Social | ING |
| 127 | Bingo Group | A social Bingo afternoon | Monthly | 1st Monday of the month 1.30pm | Liz Culshaw | 01524241647 or 07946231778 | - | | Everyone | Social | ING |
| 128 | Blue Moose Dance Company | Dance Classes | | Tuesdays Ingleton Primary School Juniors: 3:40 - 4:40pm Infants: 4:45 - 5:30pm | Zanna Dennis | 07896 133716 | hello@bluemoosedance.org.uk | www.bluemoosedance.org.uk | Children | Social | ING |
| 129 | Blue Moose Dance Company | Ingleton Youth Dance classes | Ingleton Primary School | Thursdays 5:00 - 6:30pm | Zanna Dennis | 07896 133716 | hello@bluemoosedance.org.uk | www.bluemoosedance.org.uk | 11-16 yr olds | Society | ING |

| Ref No. | Name of Group | Aim of group | Regular meeting places and times (if applicable) | Times | Contact person(s) | Phone or Mobile | Email (if applicable) | Website (if applicable) | Aimed at | Type of organization | Loc |
|---------|-----------------------|--|--|--|-------------------|-----------------|---|---|---------------------------------|----------------------|-----|
| 130 | Coffee and Crosswords | A fun group to enable people who enjoy crosswords and quizzes to meet socially and test their skills | St Mary's church, Ingleton | Every Wednesday. 10 am £1 a week | Glenis Gaunt | 07501 161217 | Glenisr30@gmail.com | | Elderly | Social | ING |
| 131 | Craft Group | Craft and Chatter | Ingleton Community Centre. | Wednesday 1.15 to 3.30 | Sue Brown | 015242 41835 | b36narg79@gmail.com | | Everyone | Social | ING |
| 132 | Craven Wanderers | Junior football to under 15s | Ingleton and Burton | | Neil Cross | | dannywenhryniuk@yahoo.com | https://en-gb.facebook.com/cravenwanderers/ | Under 15's | Society | ING |
| 133 | Dancing at the centre | Social dancing | Ingleton Community Centre. | Tuesdays Tea Dance at 2-4pm, Line dancing 7-8.30pm, Ballroom 8.30 (by request) | Liz Culshaw | 015242 41647 | elizabethculshaw@outlook.com | | Everyone | Society | ING |
| 134 | Easter Egg Hunt | Annual Easter Egg hunt | Starts at Seasons Bakery | Easter Annually | | | https://en-gb.facebook.com/ingletonEasterEggHunt/ | | Everyone | Social | ING |
| 135 | Edward Bear | Fun and faith for pre-schoolers | Ingleton St Mary Church | every 4th Monday | Nick trenholme | 015242 41924 | nick.trenholme@gmail.com | | Pre school children and parents | Social | ING |
| 136 | I Centre | Rooms to hire for work and events | The I Centre, Ingleton | | Rosemary Hartley | | info@theicentre.org.uk | | Everyone | Venue | ING |

| Ref No. | Name of Group | Aim of group | Regular meeting places and times (if applicable) | Times | Contact person(s) | Phone or Mobile | Email (if applicable) | Website (if applicable) | Aimed at | Type of organization | Loc |
|---------|--------------------------------|---|--|-----------------------------------|---|--------------------|--|---|-------------|----------------------|-----|
| 137 | Ingleborough Archaeology Group | Archaeology of the dales | Ingleton Community Centre. | 3rd Monday of the month 7.30pm | Dianne Wall | | d.wall@lancaster.ac.uk | | Everyone | Society | ING |
| 138 | Ingleborough Bowling Club | Crown Green Bowling | Council Car Park, Ingleton | | June Haigh | 015242 63226 | on line form | http://bowlsclub.org/club/9369/ | Everyone | Society | ING |
| 139 | Ingleborough Mencap | Mencap is a UK charity for people with a learning disability | Ad Hoc meetings, AGM November | | Ralph Sullivan | 015242 41885 | Ralph Sullivan [ralph.sullivan@me.com] | www.mencap.org.uk | Everyone | Charity | ING |
| 140 | Ingleborough Mountain Race | Mountain Race organised in conjunction with Ingleton Gala | 3rd Saturday in July | Race is @ 3pm, | David McGonnigal | 0796968 9657 | David.mcgonnigal@gmail.com | http://www.fellrunner.org.uk/races.php?id=5375 | Everyone | Event | ING |
| 141 | Ingleborough Nursing Home | Residential Care home | 1 High St Ingleton | | Office | 015242 41593 | info@ingleboroughnursinghome.co.uk | www.ingleboroughnursinghome.co.uk/ | Elderly | Support | ING |
| 142 | Ingleborough WI | Providing chance to build new skills and social meeting of local women. Educational talks monthly on different subjects | Ingleton Community Centre | 7.30 second Monday of each month | Jennifer Charnley (president) Liz Evison (secretary) | 015242 42395/41921 | ev.evison@btintern.et.com | | Local women | Society | ING |

| Ref No. | Name of Group | Aim of group | Regular meeting places and times (if applicable) | Times | Contact person(s) | Phone or Mobile | Email (if applicable) | Website (if applicable) | Aimed at | Type of organization | Loc |
|---------|---|---|--|--|------------------------------------|----------------------------|--|---|----------|----------------------|-----|
| 143 | Ingleton & Thornton Old People Welfare Ass. | Provides Social events to over 70s in Ingleton & Thornton District Summer Outing and Christmas Party Please ask to be put onto the Invitation List | Ingleton and Thornton | | Liz Culshaw | 01524241647 or 07946231778 | elizabethculshaw@outlook.com | - | Everyone | Social | ING |
| 144 | Ingleton 2000 | (Ingleton 2000) established 1995 a voluntary organisation for the benefit of our local community. Ingleton 2000 operates the ingleton.co website | Ingleton | | Janice Howson | 015242 42321 | janicehowson@gmail.com | www.ingleton.co.uk | Everyone | Society | ING |
| 145 | Ingleton Area Business Group | Support for local businesses | Ingleton | | Sue knowles Harling House Ingleton | | On line form | http://www.thisisingleton.co.uk/directory/services/ingleton-area-business-group-iabg/ | Everyone | Support | ING |
| 146 | Ingleton Badminton Club | Fun and sports | Ingleton Community Centre. | Juniors Weds 4pm Seniors Mon & Wed 7pm | Emma Cornthwaite | 015242 41796 | e.cornthwaite@live.com | | Everyone | Society | ING |

| Ref No. | Name of Group | Aim of group | Regular meeting places and times (if applicable) | Times | Contact person(s) | Phone or Mobile | Email (if applicable) | Website (if applicable) | Aimed at | Type of organization | Loc |
|---------|----------------------------|--|--|--|-------------------|---------------------------------|--|--|----------|----------------------|-----|
| 147 | Ingleton Community Centre | Community Building with rooms to hire | Ingleton Community Centre | Open Daily | Jayne Lis | 015242 41701 | jlis@hotmail.co.uk | | Everyone | Venue | ING |
| 148 | Ingleton Community Library | Book Loans | Ingleton Community Centre | Monday, 9am to 7pm Tuesday, 9am to 4pm Wednesday, 9am to 6pm Thursday, 9am to 4pm Friday, 9am to 5pm Saturday, 10am to 12 noon Sunday, closed story time and crafts 2pm 2nd Wednesday of the month IT help sessions every Monday 10am-12pm | | 01609 534504 or 015242 41701 | communitylibraryingleton@outlook.com | | Everyone | Social | ING |
| 149 | Ingleton Cricket club | Cricket practice and matches in season | Ingleton Community Centre | | David McGonnigal | 07969 689657 | David.mcgonnigal@gmail.com | https://www.facebook.com/groups/62919043081/ http://ingletoncc.play-cricket.com/ | Everyone | Society | ING |

| Ref No. | Name of Group | Aim of group | Regular meeting places and times (if applicable) | Times | Contact person(s) | Phone or Mobile | Email (if applicable) | Website (if applicable) | Aimed at | Type of organization | Loc |
|---------|---------------------------------|---|--|--|-------------------|-----------------|--|---|----------|----------------------|-----|
| 150 | Ingleton Emergency Plan | Emergency planning for Ingleton area | | | | | - | | Everyone | Support | ING |
| 151 | Ingleton Evangelical Church | Evangelical church | The Icentre | 10:45am on a Sunday morning Toddlers 9.15 to 11am Friday mornings. , and 6:30pm the same day in our own building on Laundry Lane. | Jim Day | 015242 41489 | On line form | http://www.ingletonevangelicalchurch.org | Everyone | Faith | ING |
| 152 | Ingleton Football club | Training and Matches | Community Centre playing Field | | Peter Boardman | 07941 887857 | On line form | https://secure.pitchero.com/clubs/ingletonfc/contact/contact-official-15659 | Everyone | Society | ING |
| 153 | Ingleton Gala | Organises the annual gala in Ingleton | 3rd Saturday in July | | Beryl Morphet | | info@ingletongala.org.uk | - | Everyone | Event | ING |
| 154 | Ingleton Good Neighbours Scheme | Provide free assistance and help to residents who need help in repairs, gardening etc | 10, 3 Peaks Park | | James Gaunt | 07594 888380 | jgigns@yahoo.com | | Everyone | Support | ING |
| 155 | Ingleton Gymkhana | Horses and pony show | | | Beryl Morphet | 015242 42182 | bezbunt@googlemail.com | - | Everyone | Social | ING |

| Ref No. | Name of Group | Aim of group | Regular meeting places and times (if applicable) | Times | Contact person(s) | Phone or Mobile | Email (if applicable) | Website (if applicable) | Aimed at | Type of organization | Loc |
|---------|--|--|--|--|-------------------|-----------------|--|---|----------|----------------------|-----|
| 156 | Ingleton Horticultural Association | Flower and Vegetable growers | | | Mauricia Alldred | 01524 242362 | ma@newvillage.plus.com | | Everyone | Society | ING |
| 157 | Ingleton in Bloom | Floral displays Ingleton | Ingleton Community Centre | First Tuesday of the month 1-3pm | | | info@ingletoninbloom.co.uk | http://www.ingletonevangelicalchurch.org | Everyone | Society | ING |
| 158 | Ingleton IRCA (Ingleton Rural Community Association) | To provide education and facilities for the social welfare of the inhabitants of Ingleton and the neighbourhood. Individual organizations can be represented | Ingleton Community Centre. | 3rd Monday of Month 7pm | Liz Tilburn | 015242 41093 | liz.tilburn@yahoo.co.uk | | Everyone | Charity | ING |
| 159 | Ingleton Jelly Co-working meeting | an informal co-working event where freelancers, home workers and small/micro business owners bring their laptop or other work and work, chat and collaborate with other small business owners. | i centre, Ingleton | 3rd Thursday of each month, 5.30pm – 7pm | Anne Hogg | 07428 184167 | info@theicentre.org.uk | http://www.uk-jelly.org.uk/contact-us/ | Everyone | Support | ING |

| Ref No. | Name of Group | Aim of group | Regular meeting places and times (if applicable) | Times | Contact person(s) | Phone or Mobile | Email (if applicable) | Website (if applicable) | Aimed at | Type of organization | Loc |
|---------|---------------------------|------------------------|--|---|---------------------------------|-----------------|--|--|----------|----------------------|-----|
| 160 | Ingleton Methodist Church | Christian Church | Ingleton Methodist Church | Sundays at 10.30am, Coffee Mornings Fridays 9.30, Pre school Play Tuesdays 2pm in term time, Baby clinic weds Fortnightly 10.15-11.30. Music Time Weds 9.30am to 10.30am term time only | Rev Bryan Yardy/David Ellershaw | 015242 61257 | hello@ingletonMethodistchurch.org.uk | www.ingletonmethodist.org.uk | Everyone | Faith | ING |
| 161 | Ingleton News | Local news and Adverts | | published bi monthly | Jayne Lis | 015242 41701 | Jlis@hotmail.co.uk | | Locals | Information | ING |
| 162 | Ingleton Parish Council | Council Business | Ingleton Community Centre | 1st Monday of the month 7pm | Alison Hack | 015242 42391 | ahack@bopenworld.com | | Everyone | Support | ING |
| 163 | Ingleton Rounders Club | Rounders Games | Primary School playing field | | Emma Cornthwaite | 015242 41796 | e.cornthwaite@live.com | | Everyone | Society | ING |

| Ref No. | Name of Group | Aim of group | Regular meeting places and times (if applicable) | Times | Contact person(s) | Phone or Mobile | Email (if applicable) | Website (if applicable) | Aimed at | Type of organization | Loc |
|---------|--|---|--|--|--|-----------------|--|---|----------------------------------|----------------------|-----|
| 164 | Ingleton Save a life Defibrillator Project | The aim of Ingleton's Save a Life Project is to have an effective community of people in Ingleton who are able to resuscitate in a cardiac arrest situation | Email and meetings when arranged | Richmond House, Hawes Road. LA6 3AN, Primary School, Low Demesne, LA6 3DY, 2 New Village, LA6 3DG, Stacksteads Leisure Centre, Tatterthorn Lane, LA6 3HS, icentre, Back Gate, LA6 3BT, Summerlands, Cold Cotes, LA2 8HZ, Village Square, High Street, LA6 3AB, H & M Craftsmen, The Industrial Estate, LA6 3NU (off the A65) | Laraine Sullivan | 015242 41885 | laraine.sullivan@me.com | www.ingleton.co.uk | Everyone | Health | ING |
| 165 | Ingleton Scouts | Adventures and life skills for 6-18 year olds, plus opportunities for adult volunteers as leaders, supporters, administrators, etc. | Mealbank Hall in Mealbank Quarry, off Oddies Lane. | Mondays, Tuesdays and Wednesdays | District Commissioner & Deputy District Commissioner | | ddc.ingleborough@nys.org.uk dc.ingleborough@nys.org.uk | www.ingleboroughscouts.org.uk Twitter and Facebook: @IngleboroScouts | 6-80+ year olds, male and female | Society | ING |

| Ref No. | Name of Group | Aim of group | Regular meeting places and times (if applicable) | Times | Contact person(s) | Phone or Mobile | Email (if applicable) | Website (if applicable) | Aimed at | Type of organization | Loc |
|---------|------------------------------|---|--|---|-------------------|-----------------|--|---|----------|----------------------|-----|
| 166 | Ingleton Theatre Group | Annual Pantomime and other theatrical events | Ingleborough Community Centre, Ingleton | Thurs Sept to Feb 8-10pm and Sundays Jan to March 10.30am-12.30pm | Jayne Lis | 015242 41701 | ingletonpanto@gmail.com | | Everyone | Society | ING |
| 167 | Ingleton Tourist Information | Information on local and surrounding places, and accommodation | Ingleton Community Centre | Open Daily 10-16.30 | | 015242 41049 | ingletontic@btconnect.com | http://www.ingleton.co.uk/inginfo.asp | Everyone | Information | ING |
| 168 | Ingleton Toy Library | Toy Loans | Ingleton Community Centre | Monday, 9am to 7pm Tuesday, 9am to 4pm Wednesday, 9am to 6pm Thursday, 9am to 4pm Friday, 9am to 5pm Saturday, 10am to 12 noon Sunday, closed | | 01609 534504 | communitylibraryingleton@outlook.com | | Everyone | Social | ING |
| 169 | Ingleton Twinning Group | Promote links with La Chappelle de Marias the twin town in France | Various events | | Margaret Cowling | 015242 63175 | - | | Everyone | Social | ING |
| 170 | IRCA film Nights | Watch films | Ingleton Community Centre | See Ingleton New for dates | Jayne Lis | 015242 41701 | jlis@hotmail.co.uk | | Everyone | Social | ING |

| Ref No. | Name of Group | Aim of group | Regular meeting places and times (if applicable) | Times | Contact person(s) | Phone or Mobile | Email (if applicable) | Website (if applicable) | Aimed at | Type of organization | Loc |
|---------|------------------|--|--|--|----------------------------------|-----------------------------|--|---|---------------------------------|----------------------|-----|
| 171 | Jenkins Lodge | Residential Care home | | | | 015242 41745 | - | https://www.carehome.co.uk/carehome.cfm/searchazref/10004020JENA | Those with mental health Issues | Support | ING |
| 172 | Keep Fit Classes | Fitness | Ingleton Community Centre | Monday 10-11am | Liz Culshaw | 015242 41647 | elizabethculshaw@outlook.com | | Everyone | Health | ING |
| 173 | Language school | French and Spanish Classes | I Centre Ingleton | See website for times | Karen Lackenby | 07788 935684 | karen.lackenby@gmail.com | http://www.theicentre.org.uk/whats-on/ | Everyone | Social | ING |
| 174 | Mealbank Hall | Large hall with catering kitchen and meeting room that can seat 60 | Off Oddies Lane, Ingleton | | Booking Secretary: Carl Unsworth | 015242 41616 / 07906 728673 | gslcarlunsworth@gmail.com | www.ingleboroughscouts.org.uk | Everyone | Venue | ING |
| 175 | Meet and Make | Making items to sell for the church roof fund | Ingleton St Mary Church | Fortnightly in summer, Last Monday in Winter | Rev Nick Trenholme | 015242 41924 | Nick.trenholme@gmail.com | | Everyone | Social | ING |
| 176 | NSPCC | National Society for the Prevention of Cruelty to Children | Late night Shopping 3rd Sat in Dec, Table top sale (October dates to be decided) Open Gardens Last weekend in June Jumble Sale April | | Beryl Morphet | 015242 42182 | bezbunt@googlemail.com | | Everyone | Charity | ING |

| Ref No. | Name of Group | Aim of group | Regular meeting places and times (if applicable) | Times | Contact person(s) | Phone or Mobile | Email (if applicable) | Website (if applicable) | Aimed at | Type of organization | Loc |
|---------|--|--|--|------------------------------------|-------------------|----------------------------|--|---|----------|----------------------|-----|
| 177 | Operation Home Guard Ingleton 1940's weekend | To boost trade and visitor numbers to village. Activities and events to engage the community | First weekend in July | Village Centre | Tony Dodwell | 07834 55224 01524241683 | cdodwell@hotmail.co.uk | www.ingleton40s.co.uk | Everyone | Social | ING |
| 178 | Over 60's club | Whist and Dominoes | Ingleton Community Centre. | Thursdays 2pm | Olive Gowland | 015242 41957 | - | | Everyone | Social | ING |
| 179 | Overground Underground | The Festival of the Ingleborough Dale. | | | | 015242 41843 | ogugfestival@gmail.com | http://www.ogug.co.uk/ | Everyone | Social | ING |
| 180 | Pilates | Keep fit classes | I Centre Ingleton | | Sally Horn | 07977 633083 | pilateswithsally@gmail.com | http://www.theicentre.org.uk/whats-on/ | Everyone | Health | ING |
| 181 | Quarry Arts | Courses in quarrying and history | I Centre Ingleton | Courses arranged when requested | Bobbie Millar | 0775 3871770 | bobbie@quarryarts.org.uk | http://www.quarryarts.org.uk/ | Everyone | Social | ING |
| 182 | Scottish Country Dancing | To promote Scottish country Dancing, friendship and physical and mental health | Ingleton Community Centre | Wednesday at 7.30pm-9.30 | Mary Taylor | 015242 61672 | Mary.taylor.40@btinternet.com | | Everyone | Society | ING |
| 183 | Sheafstock | Annual Music & Beer Festival | Ingleton Cricket Club @Wheatsheaf Hotel | Easter Friday, Saturday and Sunday | Office | 07901 937852 | - | https://www.facebook.com/sheafstock/ | Everyone | Event | ING |
| 184 | Shopping Shuttle | Ingleton to Kirkby Moorside | CALL FOR REGISTERING | Fortnightly | Sandra Kay | 01729 823066 | s.kay@ageuknorthcraven.org | - | Everyone | Support | ING |

| Ref No. | Name of Group | Aim of group | Regular meeting places and times (if applicable) | Times | Contact person(s) | Phone or Mobile | Email (if applicable) | Website (if applicable) | Aimed at | Type of organization | Loc |
|---------|--|--|---|---------------------------|--------------------|--------------------|--|---|----------|----------------------|-----|
| 185 | St Leonards Church | Church of England Parish church open for Worship | Chapel le Dale | Sundays 3pm | Rev Nick Trenholme | 015242 41924 | nick.trenholme@gmail.com | www.ingleboroughchurches.org.uk/ | Everyone | Faith | ING |
| 186 | St. Mary's Church Ingleton | Church of England Parish church open for Worship | St. Mary's Church Ingleton | Sundays 8 am and 10.30 am | Rev Nick Trenholme | 015242 41924 | nick.trenholme@gmail.com | www.ingleboroughchurches.org.uk/ | Everyone | Faith | ING |
| 187 | Swimming Pool | Ingleton open air swimming Pool | Ingleton Riverside Park | May to September | Office | 015242 41701/41107 | On line form | https://www.ingletonpool.co.uk/ | Everyone | Venue | ING |
| 188 | Tap Dancing | Learn to tap dance and have fun | Ingleton Community Centre. | 5pm Mondays | Liz Culshaw | 015242 41674 | elizabethculshaw@outlook.com | | Everyone | Society | ING |
| 189 | Yorkshire Dales Pilates | Mind and body exercises | I Centre | Every weekday | Jess Bagnall | 07754 792952 | - | http://www.yorkshiredalespilates.com/ | Everyone | Health | ING |
| 190 | Action Towards Inclusion | Part of the building better opportunities Programme to avoid social exclusion | Your Consortium Chain Lane, Knaresborough, HG50AS | | Office | 01423 795300 | ati@yourconsortium.org | www.yourconsortium.org | Everyone | Support | KNA |
| 191 | Lancashire Care NHS Foundation Trust | The services provided include community services such as health visiting, podiatry, sexual health and dentistry as well as inpatient and | | | Office | | - | www.lancashirecare.nhs.uk | Everyone | Health | LAN |

| Ref No. | Name of Group | Aim of group | Regular meeting places and times (if applicable) | Times | Contact person(s) | Phone or Mobile | Email (if applicable) | Website (if applicable) | Aimed at | Type of organization | Loc |
|---------|--|---|---|-------|-------------------|-----------------|-----------------------|---|----------|----------------------|-----|
| | | community mental health services | | | | | | | | | |
| 192 | Morecambe Bay Clinical Commissioning Group (MBCCG) | The commissioning is led by GPs who decide where and how local NHS services (including hospital, community and mental health services) should be delivered across Morecambe Bay | | | Office | | - | http://www.morecambebayccg.nhs.uk/ | Everyone | Health | LAN |
| 193 | North Craven Heritage Trust | Helping to safeguard the distinctive heritage, character and beauty of North Craven in North Yorkshire | NCHT Administration c/o Friends of the Dales, Canal Wharf, Eshton Rd, Gargrave BD23 3PN | | Office | 01756 749400 | - | www.NorthCravenHeritage.org.uk | Everyone | Charity | LAN |

| Ref No. | Name of Group | Aim of group | Regular meeting places and times (if applicable) | Times | Contact person(s) | Phone or Mobile | Email (if applicable) | Website (if applicable) | Aimed at | Type of organization | Loc |
|---------|--|---|--|-------|-------------------|-----------------|-----------------------|---|----------|----------------------|-----|
| 194 | North West Ambulance Service | North West Ambulance Service NHS Trust provides 24 hour, 365 days a year accident and emergency services to those in need of emergency medical treatment and transport. | | | Office | 999, 111 | - | www.nwas.nhs.uk | Everyone | Health | LAN |
| 195 | Stagecoach Buses | Local Bus times | | | Helpline | | - | https://bustimes.org/services/80-lancaster-ingleton www.yorkshiretravel.net/ | Everyone | Information | LAN |
| 196 | University Hospitals of Morecambe Bay NHS Foundation Trust (UHMBT) | Royal Lancaster Infirmary, Furness General Hospital in Barrow and Westmorland General Hospital in Kendal - It is also responsible for outpatient services at Queen Victoria Hospital in | | | Office | | - | http://www.uhmb.nhs.uk/ | Everyone | Health | LAN |

| Ref No. | Name of Group | Aim of group | Regular meeting places and times (if applicable) | Times | Contact person(s) | Phone or Mobile | Email (if applicable) | Website (if applicable) | Aimed at | Type of organization | Loc |
|---------|--|--|---|--------------------------|-------------------|--|--|---|----------------------------|----------------------|-----|
| | | Morecambe | | | | | | | | | |
| 197 | Citizens Advice bureau | Citizens Advice bureau | Settle Health Centre Townhead, Settle, North Yorkshire, BD24 9HZ and Bentham Medical Practice | Monday 10-13.00 | Office | 03444 111444 call 01756 790225 and leave a message | - | http://www.citizensadvice.org.uk/cravenandharrogedistrictscab | Everyone | Support | SET |
| 198 | Creative art for those living with dementia-Settle | The group offers a range of creative activities where taking part builds confidence, friendships form and new skills are developed | Friends meeting house Settle | Wed Am CONTACT FOR TIMES | Jack Parkinson | 015242 62672 | jack@pioneerprojects.org.uk | www.pioneerprojects.org.uk | Those living with Dementia | Support | SET |

| Ref No. | Name of Group | Aim of group | Regular meeting places and times (if applicable) | Times | Contact person(s) | Phone or Mobile | Email (if applicable) | Website (if applicable) | Aimed at | Type of organization | Loc |
|---------|--|---|--|---|--|-----------------|--|--|----------------------------|----------------------|-----|
| 199 | Creative Respite day | Safe stimulating day for those living with dementia. Includes care worker for personal care, and lunch | | Settle 10-3 | Jack Parkinson | 015242 62672 | jack@pioneerprojects.org.uk | www.pioneerprojects.org.uk | Those living with dementia | Support | SET |
| 200 | Creative respite day for those living with Dementia-Settle | Respite for carers. A stimulating relaxed safe and fun environment for people with dementia | St Johns Methodist Hall, Settle. | Weekly on Thursdays. CONTACT FOR TIMES | Jack Parkinson | 015242 62672 | Jack@pioneerprojects.org.uk | www.pioneerprojects.org.uk | Carers | Support | SET |
| 201 | Drill Hall | Large hall with small kitchen | Drill Hall, Castlebergh Lane, Settle | | Booking Secretary: Cherry Flitcroft | 015242 51702 | cherry.ann.f@gmail.com | www.ingleboroughscouts.org.uk | Everyone | Venue | SET |
| 202 | Ribble Care | Ribble Care offer a range of Quality Assured services designed to enable you to live Independently in your own home. We provide Care in Settle, Bentham & surrounding areas | | | Office | 01729 822511 | info@ribblecare.co.uk | www.ribblecare.co.uk | Everyone | Support | SET |

| Ref No. | Name of Group | Aim of group | Regular meeting places and times (if applicable) | Times | Contact person(s) | Phone or Mobile | Email (if applicable) | Website (if applicable) | Aimed at | Type of organization | Loc |
|---------|---------------------------|---|--|--|--|-----------------|--|---|---------------------------------------|----------------------|-----|
| 203 | Settle District U3A | University of the third age | Various events and courses | | Anne Webster | 01729 824844 | amw.1@btinternet.com | www.settledistrictu3a.org.uk | Retired Folk | Social | SET |
| 204 | Settle Photographic Group | Society for people of all ages interested in cameras, photography and digital processing | Usually at Townhead Court, Settle, with regular outdoor visits | 3rd Monday at 7.30 and 1st Monday Oct to April | Secretary | | secretary@settlephotos.org | www.settlephotos.org | Everyone | Society | SET |
| 205 | Settle Scouts | Adventures and life skills for 6-18 year olds, plus opportunities for adult volunteers as leaders, supporters, administrators, etc. | Drill Hall, Castlebergh Lane, Settle | Wednesdays, Thursdays, Fridays | District Commissioner & Deputy District Commissioner | | ddc.ingleborough@nys.org.uk dc.ingleborough@nys.org.uk | www.ingleboroughscouts.org.uk Twitter and Facebook: @IngleboroScouts | 6-80+ year olds, both male and female | Society | SET |
| 206 | Swimming Pool | Settle area swimming pool | Settle | | Office | 01729 823626 | info@settleswimmingpool.co.uk | www.settleswimmingpool.co.uk | Everyone | Venue | SET |
| 207 | Action Towards Inclusion | Craven College Programme for 18 year olds who are allowed to work in the UK | Craven College | | Office | 01756 693317 | cfinn@craven-college.ac.uk | www.youconsortium.org | Everyone | Support | SKI |

| Ref No. | Name of Group | Aim of group | Regular meeting places and times (if applicable) | Times | Contact person(s) | Phone or Mobile | Email (if applicable) | Website (if applicable) | Aimed at | Type of organization | Loc |
|---------|-------------------------|--|--|---------------------------|-------------------|--|--|--|------------|----------------------|-----|
| 208 | Avalon Group | A care quality commission (CQC) registered social care Charity providing personalised, safe support in the community | | | Office | 01756 793129 | skipton@avalongroup.org.uk | www.avalongroup.org.uk | Everyone | Charity | SKI |
| 209 | Carers Resource | A voluntary organisation providing support to those who care for a relative | Bentham golf club | Monthly | Office | 01756 700888 | - | www.carersresource.org | For carers | Support | SKI |
| 210 | Craven District Council | Local council | | Mon-Fri 9-5pm | Office | 01756 700600 | contactus@cravencouncil.gov.uk | www.cravencouncil.gov.uk | Everyone | Support | SKI |
| 211 | Northern Rail | Local train times | | | Helpline | | - | www.northernrailway.co.uk/travel/timetables | Everyone | Information | SKI |
| 212 | Yorkshire Housing | Council housing | | | Office | 0345 366 4404. or 0113 825 6000 | - | https://www.yorkshirehousing.co.uk/homes/rent/ | Everyone | Support | SKI |
| 213 | Upholstery Classes | Learn to upholster | Lower Tatham Church | Weds Morning or Afternoon | Sue Marsden | 07836 500091 | sue@tuffett.co.uk | | everyone | Society | TAT |
| 214 | St Oswald's Church | C of E Church | St Oswald's Church | Sundays 9.30 | Rev Dennis Tate | 015242 61579 | revden@hotmail.co.uk | www.ingleboroughchurches.org.uk/ | Everyone | Faith | TIL |

| Ref No. | Name of Group | Aim of group | Regular meeting places and times (if applicable) | Times | Contact person(s) | Phone or Mobile | Email (if applicable) | Website (if applicable) | Aimed at | Type of organization | Loc |
|---------|----------------------------------|---|---|---|-------------------|-----------------|--|---|----------|----------------------|-----|
| 215 | St Oswald's men's Group | C of E Church men's group | In Marton Arms | Quarterly | Rev Dennis Tate | 015242 61579 | revden@hotmail.co.uk | www.ingleboroughchurches.org.uk/ | Everyone | Social | TIL |
| 216 | St Oswalds Church | 4 coffee mornings a year to fundraise | | | Rosemary Hartley | 015242 42207 | rosemaryhartley4@gmail.com | www.ingleboroughchurches.org.uk/ | Everyone | Faith | TIL |
| 217 | Thornton Parish Council | Parish Council for Thornton in Lonsdale | | Bi monthly in Westhouse Village Hall Mondays | Sheila Hunter | 015242 41305 | thorntoninlonsdaleparishclerk@hotmail.com | http://www.thorntoninlonsdale.co.uk/parish-council.html | Everyone | Support | TIL |
| 218 | Coffee mornings | Westhouse Methodist Chapel | | 4th Wednesdays 10.00 to 11.30, not june/juy/aug | T Fawcett | 015242 41222 | - | http://www.settlemethodistcircuit.org.uk/westhouse | Everyone | Social | WES |
| 219 | Lyfe | Meeting for kids 11-16 years | Westhouse Methodist Chapel | Second Monday 7-9pm | T Fawcett | 015242 41222 | - | http://www.settlemethodistcircuit.org.uk/westhouse | Everyone | Social | WES |
| 220 | Thornton in Lonsdale Save a Life | Defibrillator installations | Westhouse Village Hall, Garage wall by telephone in Masongill, Disused Phone box by the Marton Arms | | Anne Cox | 15242 41344 | annecox55@hotmail.com | | Everyone | Health | WES |
| 221 | Westhouse Methodist Chapel | Methodist Chapel | | Sunday 11am and 6.30pm | T Fawcett | 015242 41222 | - | http://www.settlemethodistcircuit.org.uk/westhouse | Everyone | Social | WES |
| 222 | Westhouse Village hall | Hall for hire | | | Lin Lawson | 015242 41334 | - | | Everyone | Venue | WES |

| Ref No. | Name of Group | Aim of group | Regular meeting places and times (if applicable) | Times | Contact person(s) | Phone or Mobile | Email (if applicable) | Website (if applicable) | Aimed at | Type of organization | Loc |
|---------|---------------------------|--|--|-------|-------------------|-----------------|--|--|----------|----------------------|-----|
| 223 | Yorkshire Ambulance Trust | Supporting Yorkshire Ambulance NHS Trust | All of Yorkshire Including Craven | | Office | 01924 584567 | foundationtrust@yas.nhs.uk | www.yas.nhs.uk | Everyone | Information | YOR |